

The Many Uses of a Baby Pillow

The birth of a new baby is a very exciting time in the life of any parent. The first born can bring with it special anticipation. Nevertheless, if your first child is on the way or already here, it is possible you have a little bit left to learn about babies. The responsibilities that come with having a baby are numerous. One of the most important ones is to be sure that the child is comfortable. This is because when the child is comfortable, he or she is able to sleep and relax, and when the baby can sleep and relax, you can, too! One often overlooked item that can increase the comfort of your child is a baby pillow.

It is possible you think your child is too young for a baby pillow if your child is under 2. This could be the case, because most physicians ONLY recommend them for kids over the age of two. However, [there](#) are times when a baby pillow could come in handy before this time, and certainly after. Coughing can be lessened with the head propped up on a pillow if a child has a respiratory infection or cold. If your child has an ear ache, propping the head up on a pillow can relieve the pain in this case, too. Of course, you will want to consult a physician in both of these cases to be sure that your child will benefit from the baby pillow in such scenarios.

Nursing can also be much easier with a baby pillow. A semi circular pillow can be used in this case to cradle the head of the child, so that your hands are free. If you use these nursing pillows for the neck of your child AND yourself, you can both be considerably more comfortable. Often it has been found that a baby pillow around the neck of the child has helped him or her fall asleep while nursing.

You may still be very interested in having a baby pillow not just for nursing, but also in the crib with your child. In selecting the right pillow for your baby, there are some guidelines to keep in mind. A baby pillow that is small in size is the first guideline. If you select a normal sized pillow, it will be too large and could suffocate the child. Secondly, pick a pillow without fringe or beading for the child. We do not want the child to yank off pieces of the baby pillow and choke on them. Third, it is best to find a pillow that is made of a natural material, like cotton or silk. Last, be sure that you purchase a pillow without feather stuffing, which would lead to an allergic reaction. In summary, the ideal baby pillow is made of natural materials, has no sewn on decorations, and is small in size. These tips can help you select a baby pillow that will put you and your child both at ease. Similar pages [Travel pillow ...](#) [Baby nursing pillow ...](#) [This ...](#) [Body pillow ...](#)

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