

Proper Nutrition and Vitamin Supplementation Support Your Dogs Vision As She Ages

How do you select the right dog vitamin from among all the dog vitamin products on the market? Good research into the ingredients used in the various dog vitamin products may assist you in narrowing down your search. Generally speaking, you should select a dog vitamin product that will improve your dogs quality of life and increase life span. For optimal results, choose a vitamin that has been formulated with natural, human grade ingredients and follows the latest nutritional guidelines, as approved by the veterinary community.

Low grade, commercial dog food contains certain additives and preservatives that act like toxins in your dogs body. The best dog vitamin product will include vitamins that act as antioxidants to fight off the damage that may result from repeated exposure to these substances. The toxins could cause long term damage to your dogs system and trigger the development of serious health issues.

Lets take a look at dog vitamins that address a specific issue, such as age related vision problems. Dogs age just as we do, and that aging process triggers health issues that are similar to those that we experience. Loss of vision is one of them. Your ideal dog vitamin should include Vitamin A, which is essential to good vision health and may reduce cataracts. Vitamin A and its precursor beta carotene act as powerful antioxidants that destroy carcinogens and support the immune system.

Vitamin B complex (including folic acid) and B2 (riboflavin) support eye health in general, but Vitamins C and E, along with Vitamin A, are the real dog vitamin heavy hitters when it comes to vision problems. Vitamin C is a powerful antioxidant that protects other antioxidants, like Vitamin E, and supports your dogs immune system by stimulating the production of antiviral substances and white blood cells. It fights the effects of free radicals and lowers the risk of cataracts. Vitamin E is also a powerful, free radical fighting antioxidant that works in concert with Vitamin C to support your dogs vision health.

You can slow your dogs aging process and keep her in top condition through proper nutrition, lots of exercise and a dog vitamin that contains essential vitamins and minerals designed specifically for older dogs. If you feed her a diet consisting of additive and pesticide free, human grade ingredients and supplement that diet with a dog vitamin that supports the immune system, you will be providing her with the best possible defense against vision problems.

About the Author

Find more information regarding [pra disease](#), visit ocuglo.com.

Source: <http://livearticlez.com>